## Fools Fables

**Anniversary Edition 2008/2009** 



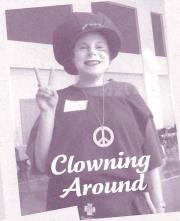
We Are...

Reflecting

10 years is a long stretch for any business, especially a non-profit. It is the milestone that says you're doing something right. It is a time of reflection of these last years, but, more than anything, it is a time of looking forward to the new and exciting life changes yet to come.

Searching through literally thousands of photographs we realize how our family of fools has grown, how so many of the people we first came to know are still an integral part of our daily lives and how there are so many new beings bringing their talents and unkown people and adventures waiting in our future.

and





...and



Dear Faithful Friends,

By means of your support and participation over the last ten years, you we have been walking with us on the streets of the Tenderloin, of other U.S. cities, of Micaragua, and Canada. Thousands of people have joined us on Street Retreats to witness, notice and reflect on the lessons, personal and social, we learn as we walk together. We have discovered how much we hold in common in these days of a shaken economy. We recognize that, through no direct fault of our own, we feel much closer to the possibility of living on or near the streets ourselves. People's lives are changing quickly as companies close and their jobs are eliminated; as prices rise and charitable giving falls.

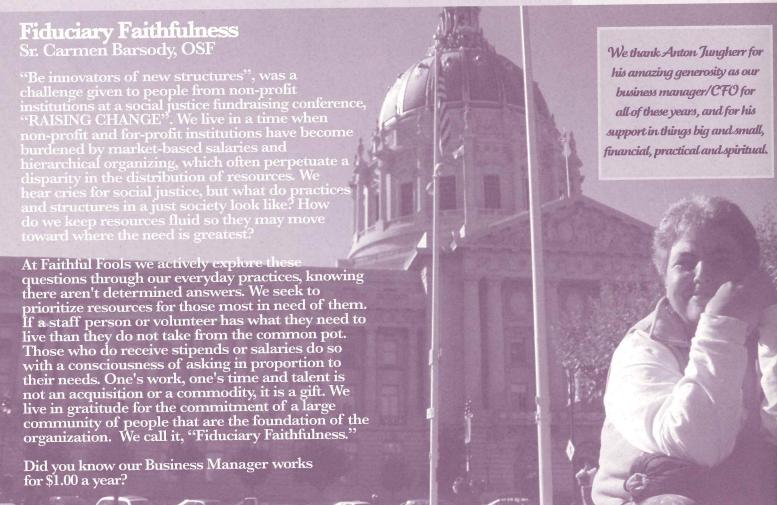
But we also live in a new era of promise wherein we are given the opportunity to IMAGINE how things can be better for everyone and there's no waiting period for it to begin. During the last Great Depression those who survived, in style, were known for things like "making silk purses out of sow's ears." That is also the Fool's Way. By discovering beauty in the most unlikely places, amazing works of art have been created in people and in things such as our wonderful Hat Factory. Rejected human beings living in deprivation show us daily what they can do to reverse the direction of human life towards health and beauty.

The Fools need and thank you for your continued financial support for the daily work of accompaniment and to cover the costs of the Fool's Court which is hub and home base for many people and our many ways of walking together.

Rev. Dr. Kay Jorgensen and Oscard the Clown

# What have we been up to lately, you ask?







# Growing & Changing

#### **Somatic Experiencing**

Cynthia Merchant, Clinical Consultant

I'm very glad to be writing to you about a program we are bringing into being to provide Somatic Experiencing sessions at no charge to the marginalized and daily traumatized folks who live on the streets and hotels in San Francisco. We are doing this in conjunction with a network of organizations located in the Tenderloin and Mission District.

This first year is dedicated to laying the groundwork to establish this program. We are in the planning and training stages, hoping to fully train at least two staff members as Somatic Experiencing Professionals, as well as facilitate and support such training for at least 2 staff members of affiliated organizations. Rev. Megan Rohrer of The Welcome Ministry has already begun her training in July, and the Fools' Denis Paul will also begin in April.

While laying the groundwork for what we hope will ultimately be a bi-monthly free drop-in clinic with several Somatic Experiencing Professionals providing sessions to a substantial number of homeless folks, we will begin to provide free sessions on a bi-weekly basis to a small number of homeless people who through their ongoing work with the Fools have achieved a greater degree of stability and who have already expressed interest this work.

In my 20 years of experience, Somatic Experiencing holds profound possibilities for healing and re-establishing a person's more harmonious and integrated experience of living in a way other modalities alone cannot. The folks living on the streets in San Francisco are among the most traumatized individuals I have ever met.

#### Franciscan Associates

"Preach at all times and when necessary, use words" is what Saint Francis of Assisi is known to have said to his companions. As Faithful Fools, we are inspired by the Spirit of St. Francis of Assisi who saw all living beings as brothers and sisters. Nine Faithful Fools in San Francisco and Nicaragua have made commitments as Associates of the Franciscan Sisters of Little Falls, MN. Together we seek to deepen our spirituality and seek just work and actions to make the world a more peaceful place.



Paula Pohlman, OSF with Megan Roher & Melissa Fafarman, Fools & Franciscan Associates

#### Glad To Be Back

Denis Paul, Outreach Minister

After spending an amazing year with the Fools as a ministerial intern in 2006-2007, I am back, now as a full-time outreach minister, about to be ordained by the First UU church in San Francisco.

The first time around, I focused almost entirely on building relationships with individuals, but now my job is different, allowing me to spend more time planning and developing new programs. Working with Cynthia Merchant's expertise in Somatic Experiencing and Jana Drakka's in Harm Reduction Meditation, I will be helping to create a new program that uses these two modalities to bring healing not only to the people in the Tenderloin, but to those of us who work with populations dealing with the effects of continuous traumatization.

Meanwhile, I am also hoping to develop a residential program that will make space for lay people and clergy - Unitarian Universalist, Franciscan and otherwise - to come spend time at the Fools' Court during times of transition. People will be able to find safe space with us as they navigate times of professional, personal and vocational discernment, including shifts in sexual orientation or gender identity.



If you are interested in spending some time with us, let us know! We'd enjoy your presence, and the rest of the Fools will welcome you in the same way that I have been welcomed back.



Gwyneth Jones



Michael Mallory



Abigail Trask

Rev. Jana Drakka

#### Meditation and Harm Reduction

Willia Drakka, Temple Keeper Eengetsu Jana Drakka has been studying at San Francisco Zen Center for fourteen years. She is a disciple of Zenkei Blanche Hartman and a great admirer of Issan Dorsey. She was ordained as a Zen Buddhist Priest in 2001, was Head Student in 2005 and became a practice leader in 2007.

Jana's ministry has a special focus on low-income and homeless people and those who work with them. She is Temple Keeper for the Faithful Fools, a board member of Religious Witness with Homeless People, a founding member of Safety for Women in the Tenderloin and works as a speaker, trainer and consultant with many other groups and institutions.

Jana currently has four harm reduction meditation sittings at various locations in the City and teaches a Harm Reduction Group for homeless folks at Mission Neighborhood Resource Center. Her warmth and humor allow her teaching to reach an extremely wide audience.

#### Retreating to the Streets



## "What holds us separate? What keeps us separated? As we walk the streets what still connects us?"

The Street Retreat is just that, it is a retreat. Whether it is a 1-day retreat or a 7-day retreat, it is a time to look into the mirror presented to us of the world where we live and to polish what we see in the mirror in our own hearts. It is a focused time of placing our feet on the streets and allowing our experiences there to move through our reflective hearts and minds and be transformed into action.

Along with our regular commitment to walking the streets of our own neighborhood in the Tenderloin District, this last year we have also retreated in the streets of Minneapolis and St. Paul, Minnesota and in Fort Lauderdale, Florida.

During our 2008 7-day retreat in the streets of the Tenderloin, we spent the last night sitting vigil on the sidewalk in front of the Fools' Court. We witnessed suburban youth at the bar next door come for an evening of clubbing in the city. We saw rich drug dealers staking territory alongside small-time pimps who were mixed in with us and our homed and homeless neighbors. All of us together, the lines of separation often blurred.

"Hometown Street Retreats" Available in Your City!

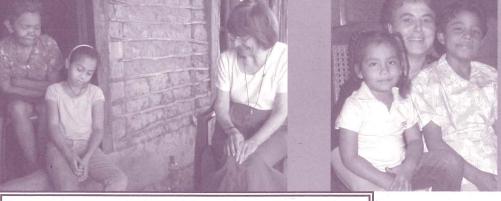
We will walk the streets of your city with you.

Call us if you would like to hold a

Hometown Street Retreat.







Dear Fools of San Francisco,

Receive a greeting of peace and joy in this second week of advent and in this time that we Nicaraguans render homage to Virgen María, our holy mother.

I share with you that on the 5th of December the Franciscan Associates celebrated la purisima in the Fool's court with more than 100 people from different sectors of our community. We are gathering tonight to plan your coming in January. Don't worry about too many people (there are 10 of us going) because for us it is a great joy that more people want to come each year to visit us and strengthen our friendship, share cultures and understandings. We have paid attention to what is happening with your economy. Last night we saw on Univisión that the Ford factory and others are on the edge of bankruptcy like has happened to other large companies. Your economic crisis greatly effects our economy already more than it has.

In relation to the school, we finished another school year with the satisfaction that we have served and contributed another year of education and formation to children f our community, this with the support of you all and the people that work with me.

I share with you photos from the graduation and purisima.

Greetings to all and we'll see you soon, Heidi Meza, Founder and Director



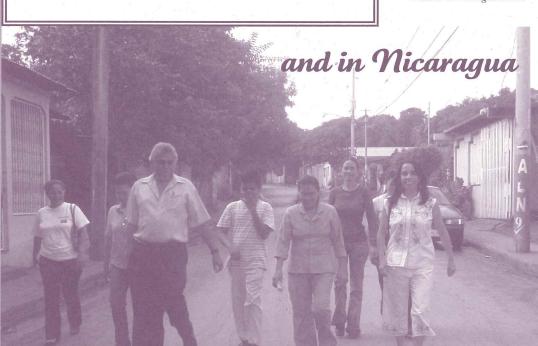
St. Francis of Assisi School in Managua, Nicaragua

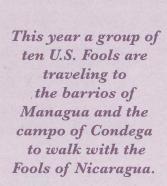


Graduation 2008



Children in Managua School









#### Sewing and Designing Hats



As many of you know, our **Hat Factory** has been open for just over a year. For those who don't, but have always admired our fabulous hats, we are pleased to announce this joint venture between Kirsten Hove's *Imperfection by Design* and longtime Fool Abby Dolin. Now is your chance to have a hat of your very own! We offer open workshops Tuesdays and Thursdays from 2:30 to 5:30pm in the Factory, located on the ground floor of the Faithful Fools Street Ministry. All skill levels are invited, and for a suggested donation of five dollars for materials, our talented haberdashers will guide you in the art of Very Silly Hat making. Or, if you prefer, you can-purchase one of the many and varied hats already made in the Hat Factory. We look forward to seeing you there!

#### Make and Share Hats!

Faithful Fools Street Ministry, 230 Hyde St., San Francisco Tuesdays and Thursdays (excluding first Tuesday of the month) 2:30–5:30pm Contact the Hat Factory at (foolishmilliner@gmail.com) or Call 415.474.0508 for more information.

#### Fools Street Retreat of October 2008

By George Kauffroth

From Saturday to Saturday in the fourth week the weather was fine.

A gaggle of Faithful Fools Meandered in San Francisco's Benevolent Clime.

And I, a Street man of ten years, by happenstance encounters was with this worthy crew. Known for quite sometime in Bible sessions, I got to share their love before

For quite sometime I garnered a bad opinion of myself.
Being homeless and all I felt dispossessed, forgotten on society's back shelf.

their retreat was through.

But hanging with these Fools A healing came to me. A better appraisal of myself did fall, setting me free.

Listening



Whether it is a monthly Round Table gathering at the Fools' Court, a fundraising dinner or installing a shower, we would like to thank the many volunteers who make the meals, decorate the rooms, repair the walls and generally make sure everything operates in the right way.

Thank You!

#### Volunteering





Oscara's Feast 2009 "Garden Party"

Join Us for this Annual Fundraising Event!

> March 28th, 2009 6:00 pm

First Unitarian Universalist Church

Call 415-474-0508 for more Information



#### Remodeling

Changing Water's Path

Thanks to many generous donations we have been able to choose where we most need our water. We now have a new roof (and dry floors upstairs), a dishwasher for those bigger gatherings, a shower in the lower level bathroom (and wet floors - as needed)

(and wet floors - as needed) and a chairlift to assist those who may not be able to climb the stairs to appreciate it all.



Marbeth Munn breaks in the new chairlift.



Bruce and Marcie Meyer

Married March 16th, 2008

Faithful Fools Court, San Francisco, CA

#### Creating the Artist's Collaborative

The arts have been central to the Faithful Fools's work since we began. Now, as we celebrate our tenth year, the Fools are seeking major funding to create the Fools' Artists Collaborative.

With this project we will bring together artists who have worked with us before and newly emerging artists; people who live in the Tenderloin and others from near and far. Using our established reflection process and relying on our underlying principle of each human's incredible worth, we will create artists reflection circles and mentor pairings. These supportive accompaniment structures will incubate new work that brings the perspective of the streets to audiences throughout the Bay area and beyond.

We hope to use our experience and your support to weave the threads we have already produced in the arts world into a solid fabric of joy, creativity and truth.

#### Teaching a class at Starr King

Kay and Carmen have been teaching a course for Starr King School for the Ministry here at the Fool's Court that explores the relationships between parish and community ministries asking what are our roles as ministers at these crossroads. Using the model of the Street Retreat we will hold up the mirror of self-reflection to help us answer questions of what compels us and what are the risks of walking towards human suffering, including our own.

### Celebrating!

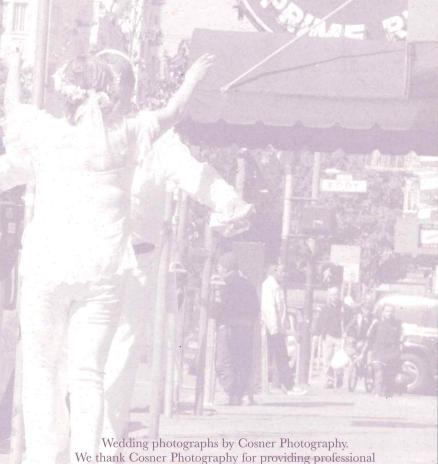
For one human being to love another; that is perhaps the most difficult of all our tasks, the ultimate, the last test and proof, the work for which all other work is but preparation.

- Rainer Maria Rilke

Dearest Fools,

We write to you today to say we thank you and appreciate each of you for your kind hearts and love. We think how lucky we are to have you in our lives.

Love, Marcie and Bruce



photography for Bruce and Marcie's wedding.

Thank You!

The Faithful Fools wish to thank these generous foundations and organizations whose contributions have allowed us to be faithful to our vision and work.

**Kalliopeia Foundation** Sisters of Loretto, Kentucky Franciscan Sisters of Little Falls, MN First Unitarian Universalist Church of San Francisco **Catholic Health Initiatives** Sisters of Charity, BVM of Dubuque, IA Sisters of Charity of the Incarnate Word Sisters of Mercy Sisters of St. Dominic, San Rafael, CA Sisters of St. Dominic, Racine, WI People's Life Fund **Conrad Hilton Fund for Sisters Society for Community Work** VanLobenSels/Rembe Rock Fleishhacker Foundation William and Alice Hinckley Fund **Schutz Engel Foundation** Sisters of Perpetual Indulgence Louise Reynolds Fund of Triangle Community Foundation **Bill Graham Foundation** Carl Gellert and Celia Berta Gellert Foundation **Trust For The Meditation Process** The San Francisco Foundation **Stanley Langendorf Foundation** Society Of The Sacred Heart

Hundreds of Individual Donors and Monthly Pledgers, together with faithful congregations of many denominations throughout the U.S.

And a big applause of gratitude to all of our faithful volunteers.



234 Hyde Street San Francisco, CA 94102 415-474-0508 www.faithfulfools.org



#### "On the Streets, We Discover Our Common Humanity"

Surfind No not home (Justing strong 2002 Croundle Strates)

Monday Coffee How 10:00 am - 11:00 am

Vichi Yen Shu Lineage Meditation 3:00 to 5:00 pm

Friday Meditation 8 am to 9 am

Monday, Tuesday & Thursday Meditation 9 am to 10 am

Tuesday and Thursday Hat Factory 2:30 - 5:30 pm

Bible Study 10:00 am

Fourth Saturday of Each Month

Thud Saturday of Each Month Street Retreat 9:00 am

Second Tuesday of Each Month Poetry Reading 4:00 pm Movie/Discussion 7:00 pm

First Monday of Each Month Round Table Cathering 5:30 pm

Faithful Fook Street Ministry 234 Hyde Street San Francisco, CA 94102

